

## 2017 Conference Program

Tuesday, June 6, 2017 – Deer Creek Golf and Banquet Facility (2700 Audley Road, Ajax, Ontario)

**REGISTRATION DESK & POSTER SET-UP**  
*Main Entrance Foyer and Taunton Cocktail Area*

**8:00 – 8:30 a.m.** Tea, Coffee and a Light Breakfast will be available

**OPENING REMARKS**  
*Taunton and Middle Hall*

**8:30 – 9:00 a.m.** **Kelly Kay**, Executive Director, Seniors Care Network  
*Welcome and Opening Remarks*

**9:00 – 9:10 a.m.** **Stewart Sutley** - Senior Director, System Finance and Performance Management, Central East Local Health Integration Network (CE LHIN)  
*Greetings from the Central East LHIN*

**ORAL SESSION A:**  
**WITH NOT FOR: AGE-FRIENDLY APPROACHES**  
*Taunton and Middle Hall*

**9:10 – 10:30 a.m.** SESSION CHAIR: Kelly Kay and Stacey Hawkins

**9:10 – 9:30 a.m.** Marsha Coombs, Lisa McConkey, Rhonda Schwartz, and Kerry Shudall  
“A Successful Collaboration: Improving Seniors Care across the Central East LHIN”  
2017-103

**9:30 – 9:50 a.m.** Sarah Carney, Sameera Merchant, Norma McCormack, and Donna Ruffo  
“HELP-ing Makes a Difference”  
2017-105

**9:50 – 10:10 a.m.** Dr. Robyn Waxman, Mary Malekzadeh, and Andra Duff-Woskosky  
*“Geriatric Dementia Care at Ontario Shores”*  
2017-108

**10:10 – 10:30 a.m.** Jill MacPhee and Julie Brown  
*“Mindfulness for Caregivers of Individuals with Dementia”*  
2017-109

**POSTER SESSIONS & NUTRITION BREAK**  
*Taunton Cocktail Area and Taunton and Middle Hall*

**10:30 - 11:10 a.m.** Tea, Coffee and Light Snacks will be available

**CONCURRENT SESSIONS\***

**11:10 – 12:00: p.m.** **ORAL SESSION B:**  
*Westney Room (Lower Floor)*

SESSION CHAIR: Rhonda Schwartz

**11:10 – 11:30 p.m.** Alice Liang and Helen Leung  
*“Carefirst One-Stop Multi-Services Centre – Design Award for Health and Wellness”*  
2017-101

**11:30 – 12:00 p.m.** Sarah Gibbens and Stacey Hawkins  
*“Dare to Share: Promoting Student Mentorship and Educational Opportunities in Gerontology”*  
2017-113

**WORKSHOP SESSION C:**  
*Taunton and Middle Hall*

SESSION CHAIR: Kelly Kay

Dr. Afshan Zahedi, Freda Leung, and Debbie Daly  
*“Practical Management of Diabetes in Older Adults with Dementia”*  
2017-106

**BUFFET LUNCH AND NETWORKING**

\* Participation in concurrent sessions will take place on a first-come, first-served basis. Please arrive early to ensure participation.

*Taunton Cocktail Area and Taunton and Middle Hall*

**12:00 – 1:00 p.m.** If you indicated a dietary restriction, please identify yourself to the serving staff.

#### **KEYNOTE PERFORMANCE**

*Taunton and Middle Hall*

**1:00 – 2:00 p.m.** **The Cast of “No Longer Relevant?”** The Estelle Craig ACT II STUDIO/act2studio WORKS  
The Estelle Craig ACT II STUDIO/act2studio WORKS proudly presents *No Longer Relevant?*, a social justice drama that explores ageism and the problems it gives rise to, with hard-hitting humour and poignancy. Written and directed by Vrenia Ivonoffski. Generously supported by the William and Nona Heaslip Foundation. Research for this drama includes interviews and focus groups undertaken by CareWatch Ontario, ACT II STUDIO, and researchers at the Sunnybrook Health Centre and York University.

#### **AWARDS PRESENTATION**

*Taunton and Middle Hall*

**2:00 – 2:20 p.m.** **REVIEWERS’ CHOICE AWARD**  
The Reviewers’ Choice Award represents the highest rated abstract submission, as determined by the Abstract Review Committee. The Abstract Review Committee represents a diverse body of clinical experts and researchers from a variety of professions and disciplines. Abstracts were rated based on various criteria, including interest of topic, textual features, relevance to clinical practice, relevance to research, methodological approach, and fit with the conference theme.

#### **POSTER COMPETITION AWARD**

The Poster Competition Award represents the highest rated poster presentation, as determined by popular vote of the conference participants. Posters will be rated based on various criteria, including interest of topic, design/aesthetic features of the poster, textual features, presentation style of the presenter, response to questions, relevance to clinical practice, relevance to research, methodological approach, and fit with the conference theme.

#### **OUR CHOICE AWARD**

The Our Choice Award represents the highest rated abstract, as determined by the Our Choice Award Committee. This Committee represents a diverse body of Seniors and/or Caregivers from the Central East Region. The Award is granted to the individual whose abstract most clearly demonstrates a commitment to improving the care experience for seniors and

their care partners.

#### **COMMUNITY PARTNER AWARD**

The Community Partner Award seeks to recognize the outstanding contribution of an organization/agency that has made considerable efforts to collaborate with specialized geriatric service (SGS) providers in the Central East LHIN in order to improve the system of care for seniors and their care partners.

#### **SENIOR ADVOCACY AWARD**

The Senior Advocacy Award seeks to recognize the outstanding contribution of an individual who has volunteered their expertise, time, and passion to improving the care and quality of life of seniors in the Central East LHIN.

#### **THE ZAHRA ABDILLE CLINICAL EXCELLENCE AWARD**

This award recognizes the outstanding contribution of an individual clinician/health professional in the delivery and improvement of clinical care to seniors. This individual demonstrates: (a) exemplary leadership and teamwork qualities; (b) innovative and creative thinking; and (c) commitment to enhancing quality of life frail seniors.

#### **NUTRITION BREAK**

**2:20– 2:40 p.m.** Tea, Coffee and Light Snacks will be available

#### **ORAL SESSION D: SENIOR FRIENDLY CARE ACROSS THE CONTINUUM** *Taunton and Middle Hall*

**2:40 – 3:30 p.m.** Jesika Contreras, Dr. David Ryan, Wendy Zeh, Rhonda Schwartz, Linda Jackson, Valerie Scarfone, Ken Wong, Marlene Awad, and Dr. Barbara Liu  
“Senior Friendly Care: Developing a Framework for Care Across the Healthcare Continuum”  
2017-104

#### **ORAL SESSION E: DEFINING ROLES IN SPECIALIZED GERIATRICS** *Taunton and Middle Hall*

**3:30 – 4:00 p.m.** Mary Blinkhorn, Laura Anderson, Stacey Hawkins, Kelly Kay, and Mark Skinner  
*“Defining how clinicians in specialized geriatric services conduct goal-based care planning with older patients living with frailty: From policy to practice”*  
2017-113

**CLOSING REMARKS**  
*Taunton and Middle Hall*

**4:00 – 4:30 p.m.** Dr. K. Jennifer Ingram, Physician Lead for Seniors, Central East LHIN; Geriatrician, Kawartha Regional Memory Program  
*Closing Remarks*

**4:30 – 4:45 p.m.** Poster Tear-Down

***Thank You For Your Participation!***

## List of Conference Posters

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<b>2017-102</b>	Marlena Choleva - Sinai Health System, Mount Sinai Hospital <i>"MEDPASS Program"</i>
<b>2017-107</b>	Karen Hicks - Peterborough Regional Health Centre <i>"Falls Injury Prevention Using Motivational Interviewing"</i>
<b>2017-110</b>	Revital Shuster, Sabrina Gaon, Supriya Gade, and Ethel Kaiserman – Circle of Care and Mount Sinai Hospital, Sinai Health System <i>"Innovation in Collaborative Acute Care Community Relationships to Enhance the Well-being of Hospitalized Frail Older Adults upon Discharge"</i>
<b>2017-111</b>	Asenath Steiman, Agnes Kulinec, Anna Siciliano, Sabrina Haq, and Samir Sinha – Toronto Rehabilitation Institute, University Health Network <i>"Bringing Care Home: Initial Outcomes from an Inter-Organizational and Cross-Sectoral Geriatrics Community Outreach Team"</i>
<b>2017-112</b>	Greta Mah, Gabriel Chan, Timmy Olanubi, Marlene Lum, Roula Mandas, Renee Heitner, MaryEllen McGeachie, Felina Dellaposta, Sophia Lilly, Madona Hanna, Feng Chang, Dominic Chu, Norma McCormack, Patrick Chu – Geriatric Day Hospital, North York General Hospital <i>"Interprofessional Geriatric Day Hospital Chronic Pain Management Benefits Sustained"</i>
<b>2017-114</b>	Kelly Kay – Seniors Care Network <i>"A Case for the I in Teams: Individual Responsibility in the Collaborative Context"</i>
<b>2017-115</b>	Cindy Hill, Andrew Dodgson, Oleg Veselskiy, and Lisa McConkey <i>"PRHC Delirium Screening Sustainability Project"</i>
<b>2017-116</b>	Marsha Coombs, Gabrielle Sadler, Jennifer Geelan, and Michelle Sanderson

